

Summary of Residential Living

This is a summary of the house rules and policies in the maternity home. All residents begin as a Tier 1* resident for 21 days. No additional consent outside of these statements is given nor implied. [Statements in blue text were not presented in the 4-minute "What's it like to live at Redeeming Life?" video.](#)

Definitions	Mon. to Thurs.	Friday	Saturday	Sunday
Ready & Inspection	9 AM & 7 PM	9 AM & 7 PM	10 AM & 7 PM	8:45 AM & 7 PM
Program Time	9 AM to 5 PM	9 AM to 5 PM	--	--
Free Time	7-10 PM	7 PM to 12 AM	1-6 PM, 7-10 PM	1-6 PM, 7-10 PM
Quiet Time	10 PM	12 AM	12 AM	10 PM
Curfew	10 PM	10 PM	10 PM	10 PM
Church				8:45am to Noon

Morning Routine (Ready & Inspection)

- You may wake up and begin your day anytime between 5 AM and 8:30 AM.
- You must be showered, dressed and ready to go by Ready & Inspection time.
- You must brush your teeth, bathe, use deodorant and wear clean clothes every day.
- You may wear comfortable clothing all day and may wear night clothing in the common areas of the house after 5 PM weekdays.
- Your room and bathroom must be clean and ready by Ready & Inspection time every day.

Weekday Routine, M-F (Program Time)

- You may check out the house laptop to study, look for jobs, or do homework during Program Time. [You are not permitted to download data or files onto the house computer from any site without prior authorization from RLOM staff.](#)
- If you in the maternity home weekdays between 9 AM and 5 PM during Program Time, you are expected to be "at work" looking for a job, studying, doing program work or volunteering.
- You may enjoy a total of 60 min. of break time for meals, rest or nap during Program time.

The Evening Meal, and Food & Drinks

- You may eat, drink, prepare meals and snacks or baby formula in the kitchen or dining room only.
- [You are responsible for providing your own breakfast and lunch.](#)
- [You may drink water in the bedrooms if it is in a container or bottle with a covered lid.](#)
- You are responsible for purchasing and preparing one evening meal per week. Financial assistance may be provided in the event you cannot afford to purchase the weekly meal.
- On the evening you are assigned to cook, you must serve dinner between 6PM and 6:30 PM. If you cannot, you must notify the RM immediately to communicate a new expected mealtime.

Summary of Residential Living

Curfew and Quiet Time

- You must be in the home by 10 PM every day for Curfew.
- Quiet Time ends each day at 5 AM, the earliest time you may wake up to begin your day.
- No sounds, vibrations or flashes of light may emulate from any device during Quiet Time.
- You must respect daily Quiet Time periods in the common areas and double bedroom.
- You are not permitted to use laundry machines, do chores nor clean during Quiet Time.
- You must prepare ahead for nighttime feedings to minimize noise during Quiet Time.

Saturday Routine

- You may ride with the RM on weekly scheduled trips to Walmart.
- Weekly and monthly chores must be done on Saturday and are subject to inspection by the RM.

Sunday Routine

- You must attend weekly Bible study and Worship at 9:30 AM Sundays, followed by the house lunch with the PM. You have free time from 1 PM to 6 PM on Sundays.
- By 6:30 PM, you will attend the Sunday family meal, devotion and complete your daily chores.
- On Sunday night, you must attend the weekly house meeting and provide a written "in/out" schedule of your activities for the upcoming week to the Residential Manager.

Bedroom & Privacy

- You may be assigned to a single or double-occupancy or private room, depending on availability.
- You are not permitted to bring a TV or personal furniture into your bedroom.
- Your bedroom door must remain unlocked while you are at home. You may be in your room during program time but the door must remain open. You are welcome to close your door during your rest time and your free time. You may lock your bedroom door when you leave the home.
- You may go to sleep any time after 7 PM after the meal, devotions and chores are complete.

Chores and Laundry

- You may wash your personal laundry once per week on your assigned laundry day.
- All chores must be completed by 7 PM and are subject to inspection by the RM.
- You may do chores anytime except during Program Time or Quiet time.
- You must launder provided linens, bed sheets, and bath towels on your assigned day. You are not permitted to leave laundry in or on top of the machines, or on any surface in the laundry room or common areas in the home.

Summary of Residential Living

Device Policy (cell phones, computers, tablets)

- You may have access to the house WI-FI. The RM will input the password for you.
- You are not permitted to use any personal or house devices during dinner time, devotions, house meetings, program events, counseling, Bible or confirmation classes, evening worship, movie night, and Sundays from 9 AM to 12:30 PM during Worship, fellowship and Bible Study.

TV & Radio Policy

- You may watch TV in the living room before inspection (9am) and again after program time (5pm) Sunday through Thursday, and between 5 PM and 12 AM Friday and Saturday. TV viewing is not permitted during dinner, devotions and chores.
- You are not permitted to engage in audio or visual programming through TV, radio, or online that contains excessive violence, nudity, profanity, occult subject matter, sexually explicit content, or satanic content. This applies to all house and personal devices.

Mail, Deliveries, Vehicles and Transportation

- You may not have anything delivered to the house except your mail and shipping packages. Food and groceries may not be delivered to the house.
- You may use Medicaid Medical Transport for physician appointments.
- After exhausting all means for transportation, you may request transportation assistance for program-related appointments and submit it to the DPM no less than 48 hours prior to date and time needed. Please note that approval is not guaranteed.
- You must park your personal vehicle across the street at the church. Parking in front of the house to load or unload is permitted for 15 minutes.
- You must provide your own transportation to work, school, day care, doctor or shopping. You do not have permission to transport other residents in your personal vehicle.

Visits with Friends & Family

- You may request an overnight pass to visit friends or family once per month after successful completion of 12 weeks of program work. The request must be turned in a minimum of 72 hours prior to date and time needed. Please note that approval is not guaranteed.
- You are not permitted to have any visitors inside or outside on Redeeming Life property. All meetings will be scheduled off-site.
- If you cannot go off-site for meetings, you may request the use of church facilities for professional meetings through RLOM staff. Please note that approval is not guaranteed.

*Please refer to the **Program Tiers** document for additional information.